

Betaine HCl 324mg/Pepsin 5mg

Presentation

A white speckled round tablet.

Each tablet delivers:

Betaine HCl	324mg
Pepsin	5mg

Tableted with:

Cellulose, DiCalcium Phosphate, Tablet Coating (Hydroxypropyl Methylcellulose, Glycerin), Silicon Dioxide, Magnesium Stearate, Stearic Acid.

Disintegration time: Less than 30 minutes.

quantity
180

type
tablets

code
8404



Uses

As we get older, our bodies begin to slow down and our stomachs are no exception.

As we age, hydrochloric acid production frequently declines, but remains important for the breakdown of food in the gut. Hydrochloric acid has several different functions; for example it sterilises the ingested food, acidifies it, activates a powerful protease called pepsin and allows vitamin B12 to be extracted from foodstuffs.

Following the above process, food then passes into the intestines, where it is further metabolised into the various nutrients.

This supplement will help to replace some of the lost acidity in the stomach, thus aiding the digestion of food, and may be favoured by those who wish to ensure a sufficiency of hydrochloric acid.

Usage and administration

1 tablet with each main meal up to a maximum of 3 per day.
Swallow the tablets whole.

Allergen advice

None (see page 194).

Cautions

This product is not recommended for children, or pregnant or lactating women.
DO NOT TAKE IF PEPTIC ULCERS ARE PRESENT OR SUSPECTED.

Storage instructions

To be stored in a cool, dry place and protected from light.

Legal category

Food supplement.

