# **Cherry Concentrate**

Sour Cherry Concentrate with Red Grape and Apple Concentrates

# **Presentation**

A dark red viscous liquid.

## Ingredients

Sour Cherry Juice Concentrate, Red Grape Juice Concentrate, Apple Juice Concentrate, Water, Preservative (Potassium Sorbate).

Suitable for vegetarians (V) and vegans (V)

quantity 500ml

type liquid

code 8602

## Uses

A tasty cherry concentrate carefully processed to ensure that the powerful antioxidant properties associated with sour cherries are retained. Cherries contain some of the highest levels of anthocyanins of any fruit and we use sour cherries as they are a richer source of these precious compounds. Anthocyanins give cherries their deep rich red colour, and are believed to be one of the most active type of flavonoid.

The high strength sour cherry concentrate used in this product would not be palatable without the addition of some other sweeter fruit concentrates, which have been chosen for their own high flavonoid content. Not all cherry concentrate products give details of other fruit concentrates that may be added to improve palatability.

- · Intense, but delicious taste
- · Use as part of a cardiovascular support programme
- Can be used for sports as an aid to recovery from exercise.

# Usage and administration

General use: as an antioxidant and support for the cardiovascular system, take 10ml (2 teaspoons) daily. Sports use: for recovery after exercise, take 30ml (6 teaspoons) daily.

Shake well before use.

## Allergen advice

Diabetics should seek medical advice before taking this product.

#### Cautions

Diabetics should seek medical advice before taking this product. Note: This is a natural product, therefore, it may vary slightly in colour and consistency from batch to batch. This does not affect the quality or efficacy of the juice.

## Storage instructions

Store in a cool dry place, once opened keep refrigerated and use within 8 weeks.

## Legal category

Food supplement.

