# **Colladeen® Derma Plus**

High Potency Anthocyanidins with Green Tea and Lutein plus Vitamins

| Presentation<br>A pink oval coated tablet.  |                                     | quantity<br>60  |
|---|-------------------------------------|-----------------|
| Two tablets deliver:<br>Anthocyanidins/Proanthocyanidins<br>(from extracts of Grapeseed and Bilberry) | 320mg                               | type<br>tablets |
| Green Tea Leaf (as 50mg extract)<br>Providing:  | 500mg                               | code            |
| Total polyphenols<br>with 4-7% epigallocatechin gallate   | 25mg                                | 8546            |
| Lutein Complex  | 30mg                                |                 |
| Providing<br>Lutein<br>Zeaxanthin<br>Vitamin C<br>Niacin (Vitamin B3)<br>Biotin                       | 6mg<br>300µg<br>40mg<br>8mg<br>25µg |                 |

#### Tableted with:

Calcium Carbonate, Cellulose, Tablet Coating (Hydroxypropyl Methylcellulose, Colours: Titanium Dioxide & Iron Oxides, Glycerin), Anti-Caking Agents (Silicon Dioxide, Stearic Acid, Magnesium Stearate), Crosslinked Cellulose Gum.

Disintegration time: Less than 1 hour.

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Suitable for vegetarians \mathbf{V} and vegans \mathbf{V}
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## Uses

Anthocyanidins (and proanthocyanidins) are the natural pigments that are responsible for the rich blue and red colours of fruits and berries. Anthocyanidins have been the focus of considerable scientific research, which confirms that these compounds are important constituents of a healthy diet.

Colladeen<sup>®</sup> Derma Plus provides a particularly rich source of these natural source plant extracts (from grape seed and bilberries), alongside green tea leaf and a full 6mg of pure free-form lutein. It also includes vitamin C, which plays a role in normal collagen formation, together with niacin and biotin - all of which support the maintenance of normal skin.

A 12 week study showed that taking Colladeen<sup>®</sup> Derma Plus over this period builds a natural SPF of 10. Furthermore, a natural SPF of 15 was developed after a 24 week period of continual use. Wrinkles and fine lines were reduced and skin elasticity improved.

- · Use as part of a skin health programme
- Can be used in conjuction with multis and omega 3s
- Suitable for people who are sensitive to the sun.

### Usage and administration

2 tablets daily. These can be taken together or in divided doses.

#### Allergen advice

None (see page 194).

#### Cautions

This product is not recommended for pregnant or lactating women. Whilst this product may reduce the damage caused by sunlight, normal precautions should still be taken.

#### Storage instructions

To be stored in a cool, dry place and protected from light.

# Legal category

Food supplement.

