

Cranberry Tablets 18,750mg & Cranberry Complex Powder

Presentation

A pink oval coated tablet.

Each tablet delivers:

Vitamin C	40mg
Cranberry (provided by 375mg of a 50:1 extract)	18,750mg

Tableted with:

Calcium Carbonate, Cellulose, Tablet Coating
(Hydroxypropyl Methylcellulose, Hydroxypropyl Cellulose,
Colours: Titanium Dioxide & Iron Oxides, Glycerin),
Crosslinked Cellulose Gum, Silicon Dioxide, Stearic Acid,
Magnesium Stearate.

Disintegration time: Less than 1 hour.

Suitable for vegetarians  **and vegans** 



quantity
60

type
tablets

code
8552

Presentation

A pink soluble sugar free powder.

Each 5 grams delivers:

Vitamin C	60mg
Cranberry Powder	2470mg
Fructo-Oligosaccharides (FOS)	2470mg

Suitable for vegetarians  **and vegans** 



quantity
100g

type
powder

code
8556

Usage and administration

Cranberry Tablets 18,750mg

1 tablet daily.

Cranberry Complex

5 to 10 grams daily.

5 grams is equivalent to 1 teaspoon.

Sprinkle the powder into cold water or fruit juice and mix thoroughly.
The powder may be taken safely on a long term basis, used
intermittently as and when desired.

Allergen advice

None (see page 194).

Cautions

None known at recommended usage.

Storage instructions

To be stored in a cool, dry place and protected from sunlight.

Legal category

Food supplement.

Uses

Cranberries have long been known to women for the health of the urinary system. However, cranberry juice is very sharp to the taste and consequently many commercial cranberry drinks are often laden with sugar and high in calories.