

Green Lipped Mussel Extract 350mg

(Perna canalicus)

Presentation

A green oval coated tablet.

Each tablet delivers:

Green Lipped Mussel Extract 350mg

Tableted with:

DiCalcium Phosphate, Cellulose, Tablet Coating (Hydroxypropyl Methylcellulose, Colours: Titanium Dioxide & Copper Chlorophyllin, Glycerin), Silicon Dioxide, Stearic Acid, Magnesium Stearate.

Disintegration time: Less than 1 hour.

quantity
90

type
tablets

code
8509



Uses

This product contains the pure extract of a green lipped mussel, *Perna canalicus*, found only in the clear, unpolluted water surrounding New Zealand.

It is taken by millions of people throughout the world to help maintain joint mobility, and has a long history of use for this purpose. It is not fully understood how this nutrient works but we know that extracts contain omega 3 fatty acids, amino acids, minerals and carbohydrates.

Studies suggest that one of the active principles in green lipped mussel extract resides in a protein compound and that its properties are unique to this type of mussel and not demonstrated by other types of shellfish.

To determine its potential for any individual we advise that this product should be taken for a minimum of four to eight weeks. It can be taken in conjunction with other nutrients including glucosamine, chondroitin and fish oil.

Usage and administration

Up to 3 tablets daily.

Allergen advice

Contains shellfish.

Cautions

Green Lipped Mussel is a natural shell fish extract and normal allergic reactions may be experienced by anyone with an allergy to shellfish.

This product is not recommended for pregnant or lactating women.

The shellfish odour of Green Lipped Mussel Extract is quite normal and not a sign of deterioration.

Storage instructions

To be stored in a cool, dry place and protected from light.

Legal category

Food supplement.

