

Horse Chestnut Complex

With Butchers Broom & Grape Seed Extracts plus Rutin

Presentation

A pink/brown oval coated tablet.

Each tablet delivers:

Horse Chestnut (provided by 57mg of a 5.2:1 extract)	300mg
Grape Seed (provided by 3mg of a 83:1 extract)	250mg
Butcher's Broom (provided by 38mg of a 3:1 extract)	112mg
Rutin	50mg

quantity
60

type
tablets

code
8551



Tableted with:

DiCalcium Phosphate, Cellulose, Tablet Coating (Polydextrose, Colours: Titanium Dioxide & Iron Oxides, Hydroxypropyl Methylcellulose), Anti-caking Agents (Silicon Dioxide, Stearic Acid, Magnesium Stearate), Crosslinked Cellulose Gum.

Disintegration time: Less than 1 hour.

Suitable for vegetarians  **and vegans** 

Uses

Lamberts® Horse Chestnut Complex is a unique formula that combines 4 herbs in just one tablet.

Horse Chestnut (*Aesculus hippocastanum*) Seed is included at a full 300mg in this formula standardised to 20% aescin. It has a long history of use in traditional herbal medicine and is widely recommended by practitioners today. Butcher's Broom (*Ruscus aculeatus*) is a native Mediterranean plant that is well regarded as a suitable partner to horse chestnut seed and we have added a significant 112mg.

Extracts of the seeds of European grapes contain one of the richest sources of anthocyanidins, from the bioflavonoid family, and we have incorporated a 95% polyphenol grape seed extract in our product. Anthocyanidins have been identified as being particularly active in supporting and repairing collagen rich structures in the body. Collagen is manufactured in the body and has many roles including being a structural part of capillaries, veins and arteries. When collagen becomes weakened, this can give rise to health problems associated with damage to blood vessel walls. Like anthocyanidins, rutin is one of the most well-known bioflavonoids and this has also been included in Lamberts® Horse Chestnut Complex.

Usage and administration

1 tablet daily.

Allergen advice

None (see page 194).

Cautions

This product is not recommended for pregnant or lactating women.

Storage instructions

To be stored in a cool, dry place and protected from sunlight.

Legal category

Food supplement.

