

# Maximum Strength Colladeen®

High Potency Anthocyanidins

## Presentation

**A pink round coated tablet.**

### Each tablet delivers:

Anthocyanidins (from extracts of Grapeseed and Bilberry)	160mg
Vitamin C	20mg

### Tableted with:

DiCalcium Phosphate, Cellulose, Tablet Coating (Hydroxypropyl Methylcellulose, Colours: Titanium Dioxide & Iron Oxides, Glycerin), Silicon Dioxide, Stearic Acid, Crosslinked Cellulose Gum, Magnesium Stearate.

**Disintegration time:** Less than 1 hour.

**Suitable for vegetarians**  **and vegans** 

**quantity**  
60

**type**  
tablets

**code**  
8547



## Uses

Natural plant anthocyanidins are a group of components found in dark skinned fruits. Scientists studying these particular plant derivatives have focused much of their work around the role they play in helping to support collagen. Collagen is the most abundant protein in the body - it is the protein that forms connective fibres in tissues such as skin, ligaments, cartilage, muscles and capillaries. The research shows that anthocyanidins can help to reinforce and preserve collagen in the body.

There are many health problems that can result from compromised or weakened collagen, including worn joints, easy bruising and non-medical fluid retention resulting from 'leaky' capillary walls. So knowing that the materials found in Maximum Strength Colladeen® help build and restore collagen makes it an invaluable addition to many supplement regimes. Furthermore, it contains Vitamin C, which also supports normal collagen formation and the normal functioning of blood vessels, cartilage and skin.

Maximum Strength Colladeen® is one of the richest sources of anthocyanidins on the market, providing a full 160mg of anthocyanidins (from extracts of grapeseed and bilberries) per tablet. It is currently used by 70% of Lamberts® practitioners and is the top selling anthocyanidin product in the UK.

### Usage and administration

2 tablets daily, 1 in the morning and 1 in the evening, for the first two months.

Thereafter, for maintenance purposes, 1 tablet daily.

### Allergen advice

None (see page 194).

### Cautions

This product is not recommended for pregnant or lactating women.

### Storage instructions

To be stored in a cool, dry place and protected from light.

### Legal category

Food supplement.

