

Multi-Guard® for Kids

For Children 4 -14 years

Presentation

A pink/white speckled round tablet.

Each tablet delivers:

Vitamin A	400µg	Pantothenic Acid (Vitamin B5)	3mg
Vitamin D3	2.5µg	Calcium (as carbonate)	80mg
Vitamin E	5mg	Iron (as Fumarate)	2.8mg
Vitamin C	60mg	Magnesium (as hydroxide)	45mg
Thiamin (Vitamin B1)	0.7mg	Zinc (as oxide)*	4mg
Riboflavin (Vitamin B2)*	0.8mg	Selenium (as selenite)	20µg
Niacin (Vitamin B3)*	9mg	Chromium (as picolinate)	25µg
Pyridoxine (Vitamin B6)*	1mg	Iodine (as potassium iodide)	75µg
Folic Acid	100µg	Choline Bitartrate	1mg
Vitamin B12	0.5µg	Inositol	1mg
Biotin	75µg		

Tableted with:

Sweetened: Xylitol, Fructo-oligosaccharides, Flavouring, Anti-caking Agents (Stearic Acid, Silicon Dioxide, Magnesium Stearate), Citric Acid, Colour: Beetroot Powder.

*Microencapsulated with mono and diglycerides of fatty acids to mask the taste of the given vitamin/mineral.

Disintegration time: Dissolves in the mouth.

Suitable for vegetarians (V)

quantity
100

type
tablets

code
8461



Uses

Good nutrition is important in children, particularly in periods of rapid growth or when the child expends a lot of energy on sports and other activities. Unfortunately this is the age when certain food dislikes and food fads can threaten the nutritional adequacy of the diet.

Multi-Guard® for Kids remains one of the best children's formulas available in the UK. Some High Street brands provide only vitamins and one or two minerals. Our product provides useful levels of all the important vitamins and trace minerals. These pleasant tasting chews have no added sugar and are therefore unlikely to contribute to tooth decay.

It can be used alongside other food supplements such as our Chewable Calcium and Vitamin C powder.

Usage and administration

Chew one tablet daily (children 4 - 10 years).

Chew two tablets daily (children 11 years and over).

Allergen advice

None (see page 194).

Cautions

This product contains iron, which, if taken in excess may be harmful to very young children. Keep out of sight and reach.

Excessive consumption may produce laxative effects.

Storage instructions

To be stored in a cool, dry place and protected from light.

Legal category

Food supplement.

