

Probioguard®

4 strain probiotic

Presentation

A white powder in a clear hard shell capsule.

Each capsule delivers:

4 billion live bacteria* 4 x 10⁹ (4 billion) live bacteria
 Bifidobacterium bifidus
 Lactobacillus acidophilus
 Streptococcus thermophilus
 Lactobacillus delbrueckii

Encapsulated with:

Capsule Shell (Hydroxypropyl Methylcellulose), Anti-caking Agent (Stearic Acid).

Disintegration time: Special Delayed Release (DR) capsules.

Suitable for vegetarians (V)

*at the time of manufacture

quantity
60

type
capsules

code
8419



Uses

Probioguard® contains four carefully selected strains of friendly bacteria, Lactobacillus acidophilus, Bifidobacterium, Streptococcus thermophilus and Lactobacillus delbrueckii, which have been widely used in clinical studies. These species of bacteria are specially selected for use when travelling, as local cuisine can expose the gut to new challenges where different bacteria strains may be present and this can unsettle digestion. Plus, people who have used a course of antibiotics and those with regular bloating problems or on-going digestive disturbances.

Lamberts® was one of the first companies to produce live bacteria capsules in the UK (over 30 years ago) and we have developed an expertise in this area. Protecting ingredients such as live bacteria from stomach acids to maintain potency is crucial which is why we have chosen to use special Delayed Release (DR) capsules. These innovative DR capsules target release after an extended time period, protecting the live bacteria from degradation in the stomach. Our DR capsules are vegetarian and made of plant-based cellulose with a 3 times lower moisture content than typical gelatin-based ones. This product is stored in refrigerated conditions until despatch to ensure maximum potency and we have a special desiccant built into the tube wall of our pot.

Usage and administration

2 capsules daily. Take with a glass of water, ideally first thing in the morning when the pH of the stomach is at its highest (i.e. not so acidic).

Do not swallow capsules with hot drinks, as heat kills bacteria. Take at least 2 hours after antibiotic medication.

Allergen advice

None (see page 194).

Cautions

This product is not recommended for pregnant or lactating women.

Storage instructions

Store in a cool, dry place at temperatures below 20°C (preferably in a refrigerator).

Legal category

Food supplement.

