

Turmeric Fast Release

Providing 95% curcuminoids

Presentation

An oval clear coated yellow tablet with speckles, colour variation may occur.

Each tablet delivers:

Turmeric Root Extract 200mg
 Providing 95% curcuminoids, equivalent to 10,000mg of turmeric spice.

Tableted with:

Cellulose, Calcium Carbonate, Anti-caking Agents (Silicon Dioxide, Magnesium Stearate), Tablet Coating (Hydroxypropyl Methylcellulose, Glycerin), Crosslinked Cellulose Gum, Stearic Acid.

Disintegration time: Less than 30 minutes.

Suitable for vegetarians (V) **and vegans** (V)

quantity
60 & 120

type
tablets

code
8548



Uses

Turmeric has a long history of traditional medicinal use, and the large number of conditions it can address make it a true core essential nutrient for practitioners. Curcuminoids are believed to be responsible for much of turmeric's effects with the principle curcuminoid being the yellow pigment, curcumin, which is found within the root of the plant.

Each tablet contains 200mg of turmeric root extract, equivalent to a full 10,000mg of turmeric spice (or two heaped teaspoons). It is standardised to provide 95% curcuminoids, which is the level generally used in studies.

Furthermore, our Turmeric tablets are fast release, disintegrating between 15 and 30 minutes for speedy absorption. Plus, these one-a-day tablets are suitable for both vegetarians and vegans.

Usage & Administration

1 tablet daily.

Allergen advice

None (see page 194)

Cautions

This product is not recommended for pregnant or lactating women.
 Not recommended for children under 18 years of age.

Storage instructions

To be stored in a cool, dry place and protected from light.

Legal category

Food supplement.

