

Vegan DHA

Super rich Omega 3 oil

Presentation

Small yellow capsule

Typically per capsule:

Algal Omega 3 Oil	625mg
Providing	
Docosahexaenoic Acid (DHA)	250mg

Encapsulated with:

Rosemary Extract & Natural Mixed Tocopherols, Capsule Shell (Modified Corn Starch, Glycerin, Gelling Agent: Carrageenan, Acidity Regulator: Sodium Carbonate).

Disintegration time: Less than 30 minutes.

Suitable for vegetarians  **and vegans** 

quantity
60

type
capsules

code
8494



Uses

Our Vegan DHA is derived from a unique plant-based form of DHA. It is also 100% sustainable with no fishy aftertaste. The algae we use are grown in a controlled environment, allowing us to be sure that we have an integrated, controlled and sustainable supply (independent of marine biomass), that is also naturally free from contaminants. Reassuringly, over 100 studies have been undertaken using this source, demonstrating both its safety and efficacy. These algae are an integral part of the marine food chain, being eaten by small organisms such as plankton and krill, which in turn are eaten by larger fish.

The oil obtained from this source is in the natural triglyceride (TG) form of Omega 3, the ideal choice for anyone wanting the TG form and because it's entirely fish-free, it's the perfect supplement for vegans and vegetarians as well as those with an allergy to fish.

The precious nutrients are encapsulated in small, easy to swallow capsules, suspended in pure sunflower oil, together with the antioxidants: rosemary extract, tocopherols and vitamin C (ascorbyl palmitate), to preserve the natural properties of the oil.

DHA contributes to the maintenance of normal brain function and normal vision. The beneficial effect is obtained with a daily intake of 250mg of DHA, which is the amount of DHA found in each capsule.

Usage & Administration

Take 1 capsule daily.

Allergen advice

None (see page 194)

Cautions

Keep out of reach from children.

Storage instructions

None known at the current recommended usage.

Legal category

Food supplement.

