

# BLOOD GLUCOSE SUPPORT

## GTF Chromium, Magnesium & Mineral Complex with Cinnamon

P637



Blood Glucose Support is an excellent multi-mineral formula with added cinnamon. It is designed to help maintain blood sugar levels. The supplement comprises Ceylon cinnamon and excellent levels of GTF (Glucose Tolerance Factor) chromium as part of a mineral complex. The formula may also help reduce carbohydrate cravings and can be taken at intervals throughout the day. GTF chromium is now being recognised as important in carbohydrate metabolism and the maintenance of normal blood glucose levels.

- The key active ingredients are GTF chromium, magnesium, zinc, and cinnamon. The plant base naturally comprises additional beneficial minerals, including copper, selenium, and molybdenum.
- Magnesium bisglycinate is added to aid the function of the many magnesium-dependent enzymes. It also supports the efficacy of chromium and is a bio-effective form of magnesium that easily crosses membranes.
- When chromium levels are low in the body, GTF levels are low too and the activity of insulin is blocked - blood glucose levels therefore remain elevated.
- Diets high in refined carbohydrates are usually low in zinc, so this mineral has been added to this formulation.

### Product Information:

60 capsules = 30-60 days supply

### Permitted Health Claims:

#### Chromium

- Chromium contributes to normal macronutrient metabolism
- Chromium contributes to the maintenance of normal blood glucose levels

For further health claims relating to manganese, selenium, magnesium, copper, and zinc please refer to pages 46-53

### Suitable for:

Men and women

### Form:

Capsule



#### Blood Glucose Support

1 capsule provides on average:

Active Nutrient	Strength	%NRV+
Magnesium	60mg	17
Zinc	5.9mg	60
Copper	0.5mg	49
Manganese	0.5mg	27
Chromium	135µg	337
Selenium	38.4µg	70
Molybdenum	36µg	72
Cinnamon Extract 20:1 (equivalent to 500mg whole cinnamon)	25mg	*

+NRV = Nutrient Reference Value

\* Indicates no NRV

**Ingredients:** Magnesium bisglycinate, hydroponically grown cruciferous vegetable providing naturally-occurring: iron, zinc, manganese, selenium, chromium, and vanadium, hydroxypropyl methylcellulose (capsule shell), cinnamon extract, vegetable stearic acid, dicalcium phosphate.

**Suggested Intake:** 1-2 capsules daily with food, or as directed by a practitioner.

**Allergen Advice:** None.

**Contraindications:** Diabetics who are taking insulin should consult with their doctor before taking this product.

**Storage:** Keep cool, dry & out of direct sunlight.

