

# ALOE XL

## Aloe vera juice from inner leaf gel

C014



VEGAN

VEGETARIAN

Our Aloe XL Inner Leaf is a single concentrate containing pure, unprocessed inner leaf gel. It is an active and pure Aloe product with minimal preservatives (99.8% pure Aloe). We recommend this product for digestive support, plus it is ideal for topical use and as a natural mouthwash as part of your daily oral health routine.

- Aloe Inner Leaf Juice is used primarily in the support of digestive ailments.
- Suitable for external use (e.g. for minor wounds or sores), as an anti-bacterial mouthwash, and for internal use, especially in the support of digestive conditions.
- This product is organically grown without the use of pesticides and herbicides and is cold extracted.

### Suggested Intake:

#### Typical Adult Usage

**Internally:** Take 1ml per kilo of body weight per day (i.e. 60-80ml on average daily), neat, with food in divided doses, or take as directed by a practitioner. For instance, if you are 60kg you can have 60mls per day in split doses neat before food. It is always best to start on half of the recommended dose and build up to the full dose gradually.

**Externally:** Can be applied directly to the skin or used to soak a cotton bandage to tie around a minor wound or sore.

#### Suitable for:

Men, women, and children (aged 4 years and over)

#### Form:

Liquid

**Aloe XL**  
**Aloe Vera inner leaf juice**  
 500ml

**Ingredients:** Aloe Vera Inner Leaf Juice (99.95% Aloe), preservatives (citric acid, potassium sorbate).

**Suggested Intake:** Take 1ml per kg of bodyweight per day in divided doses. i.e. A 60kg person should take up to 30ml twice daily. Start on half the dose and increase gradually. It is best taken neat immediately before meals. Take as a food supplement or as directed by a practitioner.

**Allergen Advice:** None.

**Contraindications:** This product is not recommended during pregnancy.

**Storage:** Keep cool, dry & out of direct sunlight. Once opened keep refrigerated and use within 4 months.

