

NEW

ESSENTIAL ENZYMES

High potency digestive enzyme complex

D133



VEGAN

VEGETARIAN

Our body will naturally produce the enzymes we need to digest our food, but as we age, we slowly lose this efficiency and can begin to experience digestive symptoms such as bloating, cramping, belching or a feeling of fullness after eating.

Essential Enzymes is a high potency digestive enzyme complex which provides a broad spectrum of plant-sourced digestive enzymes which can help to digest protein, fat, fibre, dairy, sugars, and carbohydrates. Essential Enzymes also contains Betaine Hydrochloride (75mg) which contributes to stomach acidity and can further help with digestion.

- Digestive enzymes are 'catalysts' which break down food into its basic components so that our bodies can absorb the nutrients they require to build cells, tissues and organs.
- We have chosen enzymes that are largely resistant to degradation by hydrochloric acid from the stomach, so they may easily reach the small intestine where most digestion takes place.
- The enzymes in Essential Enzymes are active over a wide pH range to allow for individual variations.

Product Information:

60 capsules = 30-60 days supply

Suitable for:

Men, women, and children (aged 12 years and over)

Form:

Capsule



Essential Enzymes

1 capsule will provide on average the following actives:

Active Nutrient	QTY	Activity Level
Bromelain (providing GDU)	100mg	120 i.u.
Lipase	100mg	1000 i.u.
Protease	100mg	1000 i.u.
Amylase	100mg	5000 i.u.
Betaine hydrochloride	75mg	5000 i.u.
Papain (providing protease)	50mg	100000 i.u.
Lactase	10mg	650 i.u.
Cellulase Trichoderma	10mg	30 i.u.

GDU = gelatin digesting units

Ingredients: Bromelain, lipase, protease, amylase, betaine hydrochloride, papain, cellulase trichoderma, lactase, hydroxypropyl methylcellulose (capsule shell).

Suggested Intake: 1-2 capsules daily with the main meal of the day, as a food supplement or as directed by a practitioner.

Allergen Advice: None.

Contraindications: This product is not recommended for children under 12 years old and pregnant or lactating women. DO NOT TAKE IF PEPTIC ULCERS ARE PRESENT OR SUSPECTED. Do not use if there is a hiatus hernia or any inflammation of the digestive tract. Do not remove contents from the capsule.

Storage: Keep cool, dry & out of direct sunlight.

