

FISH OIL

High Potency 1000mg

C023



High potency fish oil capsules provide a combined total of 550mg EPA/DHA (essential fatty acids) per 1000mg capsule. Our Fish Oil capsules are made from whole oily fish (sardines and anchovies), and are guaranteed to be clean, stable, and free from pollutants.

- High Potency Fish Oil capsules with the all-important omega-3 fatty acids EPA and DHA per 1000mg capsule; these are excellent levels of these essential nutrients.
- We do not use fish livers because heavy metals can accumulate in the liver.
- All our fish oil products are clean, stable and have NO trace of any of the ocean pollutants, heavy metals, etc. Detection is now possible in parts per billion.
- When taken at an appropriate dose, the omega-3 fatty acids EPA and DHA are recognised as having an essential role in normal brain function, normal vision, and supporting normal cardiac function.

Product Information:

60 capsules = 30-60 days supply

Permitted Health Claims:

- DHA maternal intake contributes to the normal brain development of the foetus and breastfed infants.
- DHA maternal intake contributes to the normal development of the eye of the foetus and breastfed infants.
- EPA and DHA contribute to the normal function of the heart.

Suitable for:

Adults and children over 12 years of age (please be aware the capsules are too large for most children)

Form:

Capsule

**Fish Oil**

1 capsule provides on average:

Active Nutrient	Strength
Fish Oil	1000mg
<i>which provides:</i>	
Eicosapentaenoic acid (EPA)	330 mg
Docosahexaenoic acid (DHA)	220 mg

Ingredients: Fish oil concentrate (from sardine and anchovy), mixed tocopherols (antioxidant), capsule shell (gelatin and glycerine). The oil is cold water low pressure distilled to ensure it is clean, stable and free from pollutants.

Suggested Intake: 1-2 capsules to be taken with food as a food supplement or as directed by a practitioner.

Allergen Advice: Contains fish. Not suitable for people with allergies to fish.

Contraindications: Avoid if there is any deficiency of the liver. If you are on anti-thrombotic drugs (e.g. Warfarin or Heparin) consult your doctor before taking. This product contains fish derivatives and therefore should not be taken by people with allergies to fish.

Storage: Keep cool, dry & out of direct sunlight.

