

METHYLFOLATE

Folic acid - 400µg

P319



VEGAN

VEGETARIAN

Folic acid, as 5-methyltetrahydrofolate, comes in a Wholefood base of alfalfa, a plant in which folate naturally occurs at good levels. It is the most stable and bio-effective supplemental form of folate.

- Safe and bio-effective supplemental form of folate.
- Each capsule contains the Government's recommended daily level of folate for preconception and during pregnancy.

Product Information:

30 capsules = 30 days supply

Permitted Health Claims:

Folate (folic acid) contributes to:

- The maternal tissue growth during pregnancy, amino acid synthesis, blood formation, normal homocysteine metabolism, normal psychological function, the normal function of the immune system, the reduction of tiredness and fatigue, the process of cell division, and the reduction of the risk of NTD (neural tube defects)

Suitable for:

Men, women, and children (aged 4 years and over)

Form:

Capsule



Methylfolate

1 capsule provides on average:

Active Nutrient	Strength	%NRV+
Folic Acid as 5 methyltetrahydrofolate	400µg	200

+NRV = Nutrient Reference Value

* Indicates no NRV

Ingredients: Folic acid (5 methyltetrahydrofolate), alfalfa (*Medicago sativa*) powder, maltodextrin, stearic acid, hydroxypropyl methylcellulose (capsule shell).

Suggested Intake: 1 capsule daily with food as a food supplement or as directed by a practitioner.

Allergen Advice: None.

Contraindications: None.

Storage: Keep cool, dry & out of direct sunlight.

