

FOS-A-DOPHILUS

6 live* native strains plus inulin



DO12

Fos-A-Dophilus contains 6 strains of live native bacteria, plus fructo-oligosaccharides (FOS). Although this product is suitable for all ages, it is ideal for people aged 40 and over, as it is high in *Bifidobacteria* which regenerate less easily as we get older. Stable at room temperature so no need to refrigerate.

- The addition of the prebiotic inulin supports the probiotic strains within the product.
- This supplement does not require refrigeration and has a guaranteed count through its shelf life – 4 billion live viable dehydrated bacteria per capsule.
- One-a-day dose is ideal for maintenance, whereas this can be increased to one capsule three times daily in acute situations.
- Stomach acid and bile resistant.
- Fos-A-Dophilus is suitable for children, and the contents of the capsule can be emptied into a little yoghurt or fruit juice.

Product Information:

60 capsules = 30-60 days supply

Suitable for:

Men, women, and children (aged 4 and over)

Form:

Capsule



Fos-A-Dophilus

1 capsule provides on average:

250mg fructo-oligosaccharide and a culture of 4 billion live* bacteria (at time of manufacture) consisting of:

Bifidobacterium longum

Lactobacillus rhamnosus

Lactobacillus animalis ssp lactis

Bifidobacterium breve

Bifidobacterium infantis

Lactobacillus acidophilus

* Viable dehydrated cells which are reactivated upon digestion.

Ingredients: Inulin (fructo-oligosaccharide), dehydrated bacterial culture (*Bifidobacterium longum*, *Lactobacillus rhamnosus*, *Lactobacillus animalis ssp lactis*, *Bifidobacterium breve*, *Bifidobacterium infantis*, *Lactobacillus acidophilus*), potato starch, magnesium stearate, ascorbic acid (antioxidant), hydroxypropyl methylcellulose (capsule shell).

Suggested Intake: 1-2 capsules daily, taken ½ hour after food, or as directed by a practitioner.

Allergen Advice: Although not listed as vegan the product has been analysed and no dairy proteins are present.

Contraindications: None.

Storage: Keep cool, dry & out of direct sunlight.

