

# OMEGA 3 VEGAN DHA & EPA-Rich Algae

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Omega 3 Vegan is derived from the plant marine algae *Schizochytrium sp.* This supplement offers good levels of vegan DHA and EPA. Algal omega-3 oil has been commercially available for a while, but it did not contain meaningful amounts of EPA.

- A plant source of the important omega-3 fatty acids - rich in both DHA and EPA.
- The microalgae are grown in a controlled environment, eliminating the risk of oceanic contamination.
- Derived from a completely vegan source (*Schizochytrium sp. microalgae*).
- Research for algae derived DHA and EPA is demonstrating superior effectiveness over fish oil sources.

## Product Information:

60 capsules = 30-60 days supply

## Permitted Health Claims:

- EPA and DHA contribute to the maintenance of normal blood pressure, blood triglyceride levels and to the normal function of the heart.

## Suitable for:

Men, women, and children (aged 4 years and over)

## Form:

Capsule



## Omega 3 Vegan

1 capsule provides on average:

Active Nutrient	Strength
Eicosapentaenoic acid (EPA)	166mg
Docosahexaenoic acid (DHA)	334mg

+NRV = Nutrient Reference Value

\* Indicates no NRV

**Ingredients:** *Schizochytrium sp.* from marine algae providing DHA & EPA, soft gel capsule (modified corn starch, glycerol, carrageenan), tocopherols (antioxidant), sunflower oil, rosemary extract, ascorbyl palmitate.

**Suggested Intake:** 1-2 capsules daily with food as a food supplement or as directed by a practitioner.

**Allergen Advice:** None.

**Contraindications:** If you are on anti-thrombotic drugs (e.g. Warfarin or Heparin) consult your doctor before taking.

**Storage:** Keep cool, dry & out of direct sunlight.

