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Turmeric is a common spice which comes from the root of Curcuma longa. Turmeric powder is made from the ground roots of the plant. Ayurvedic medicine widely recommends turmeric for its many health benefits.



Product Information:

60 capsules = 30-60 days supply

Suitable for:

Men and women

Form:

Capsule



Organic Turmeric
1 capsule provides on average:

Active Nutrient	Strength	%NRV+
Organic Turmeric	500mg	*
+NRV = Nutrient Reference Value		

Ingredients: Organic Turmeric powder, hydroxypropyl methylcellulose (capsule shell)*. *approved non-organic ingredient.

Suggested Intake: 1-2 capsules daily as a food supplement or as directed by a practitioner.

Allergen Advice: None.

* Indicates no NRV

Contraindications: None.

Storage: Keep cool, dry & out of direct sunlight.

