



Used for centuries as a herbal remedy, Slippery Elm is a highly digestible, soothing, and healing substance that can help with a range of digestive complaints.

Product Information:

30 capsules = 30-60 days supply

Suitable for:

Men, women, and children (aged 12 years and over)

Form:

Capsule



Pure Slippery Elm

The capsules contain only Slippery Elm Bark in a hard capsule shell to maintain the potency of the plant. The bark is pure; no additives have been used.

One capsule provides on average 230mg of Slippery Elm (Ulmus Fulva).

Ingredients: Slippery Elm Bark (Ulmus Fulva), hydroxypropyl methylcellulose (capsule shell).

Suggested Intake: 1-2 capsules daily as a food supplement or as directed by a practitioner. As a drink: Mix the contents of a capsule to a smooth paste with cold water and slowly add boiling water (or milk/milk substitute if preferred) stirring briskly, or as directed by a practitioner.

Allergen Advice: None

Contraindications: If you are pregnant we recommend that you ask the advice of a doctor or qualified nutritionist before taking this supplement.

Storage: Keep cool, dry & out of direct sunlight.

