

THYROID SUPPORT

with L-Tyrosine & organic kelp

P647



VEGAN

VEGETARIAN

Thyroid Support is designed to support thyroid health. It contains organic kelp (from organic seaweed) which is rich in iodine, L-Tyrosine (an amino acid), selenium and manganese.

- Seagreens® *Ascophyllum nodosum* is the organic kelp (a type of seaweed) species that we use in our product. It provides a natural source of iodine.
- Iodine is needed for thyroid hormone production and is one of the micronutrients known to be short in many people's diets.
- Seagreens® is a rich source of a range of minerals, vitamins, trace elements, amino acids, essential fats, and antioxidants.
- Research shows that the iodine from Seagreens® is in an ideal form which has a more prolonged and steadier uptake than potassium iodide (the common form of iodine in table salt), with no adverse effect on the thyroid.
- Seagreens® carries Nutritious Food Seaweed BDA certification – it assures consumers of consistent nutritional value, levels of iodine, and is rooted in the principles of sustainable food and biodynamic production.
- L-tyrosine is included as it is beneficial to have L-tyrosine and iodine ingested together in a form that is immediately usable by the thyroid gland.
- The minerals zinc, copper, manganese, and selenium are also needed for the conversion of the thyroid hormones thyroxine (T4) to triiodothyronine (T3).

Product Information:

60 capsules = 30-60 days supply

Permitted Health Claims :

Iodine contributes to normal:

- energy-yielding metabolism and the production of thyroid hormones and normal thyroid function

Manganese contributes to:

- normal energy-yielding metabolism

Selenium contributes to:

- the normal function of the immune system and normal thyroid function

For further permitted health claims please refer to pages 46-53

Suitable for:

Men and women

Form:

Capsule



Thyroid Support

1 capsule provides on average:

Active Nutrient	Strength	%NRV+
L-Tyrosine	400mg	*
Organic kelp	215mg	*
Seagreens® (<i>Ascophyllum nodosum</i>) (providing Iodine)	150µg	100
Manganese	2.67mg	133
Selenium (from yeast)	56.75µg	103

+NRV = Nutrient Reference Value

* Indicates no NRV

Ingredients: L-Tyrosine, organic kelp (Seagreens® *Ascophyllum nodosum*) providing iodine, manganese, selenium (from yeast), hydroxypropyl methylcellulose (capsule shell).

Suggested Intake: 1-2 capsules daily with food as a food supplement or as directed by a practitioner.

Allergen Advice: None.

Contraindications: Not to be used in pregnancy. People already taking prescribed thyroid medication should consult with their doctor before using this supplement.

Storage: Keep cool, dry & out of direct sunlight.

