### **VITAMIN C**

# 250mg with Bioflavonoids prepared from whole oranges











V150

Our Food State Vitamin C is beneficially combined in citrus pulp from whole, organic, small oranges. The result is a concentrated source of vitamin C with naturally occurring bioflavonoids including the sought-after flavonoid tangeritin.

- Gentle and mildly acidic (just as mild as it would be in food); and better absorbed, longer retained, and better utilised than standard ascorbic acid products (which are rapidly excreted). Retained for over 48 hours in the body.
- Is a 'food complex material' so you can take it between meals and on an empty stomach with no adverse reactions.

#### **Product Information:**

50 tablets = 25-50 days supply

#### Permitted Health Claims

Vitamin C contributes to normal:

 energy-yielding metabolism, functioning of the nervous system, psychological function, immune system function, and collagen formation for the normal function of blood vessels.

#### Vitamin C contributes to:

maintaining the function of the immune system during and after intense
physical exercise, the protection of cells from oxidative stress, the reduction of
tiredness and fatigue, the regeneration of the reduced form of vitamin E.

Vitamin C increases iron absorption.

#### Suitable for:

Men and women and children (over 4 years)

Form:

**Tablet** 



## **Vitamin C 250mg with Bioflavonoids** 1 tablet provides on average:

Active Nutrient	Strength	%NRV+
Vitamin C	250mg	312
Bioflavonoids	80mg	*

+NRV = Nutrient Reference Value

\* Indicates no NRV

Ingredients: Vitamin C complexed in citrus pulp, stearic acid, silicon dioxide, sodium carboxymethyl cellulose, hydroxypropyl methylcellulose & glycerine (tablet coating).

**Suggested Intake:** 1-2 tablets daily with food as a food supplement or as directed by a practitioner.

Allergen Advice: None.

Contraindications: None.

Storage: Keep cool, dry & out of direct sunlight.

