

Boost Focus Fuel

*Boost metabolism, sharpen focus, and fuel energy!**

Boost Focus Fuel makes it easier to make healthy choices so you can lose weight, look lean, and feel great.*

Our proprietary blend of organic superfoods plus a beneficial probiotic blend help boost metabolism, sharpen focus, and fuel natural energy.*

With organic matcha green tea, organic green coffee beans, and grains of paradise, Boost Focus Fuel is a natural way to meet your weight management goals and have lasting energy.*



Boost

Get your body back to burning calories and fat at optimal levels.

Natural compounds in **organic green coffee beans** and **grains of paradise** give your metabolism a meaningful short-term boost.*



Focus

It's hard to stay focused when you're hungry and thinking of food.

Boost Focus Fuel has organic extracts that help curb appetite and cravings. Plus **organic green yerba mate** and **organic holy basil** support your concentration, heighten your mental clarity, and promote alertness.*



Fuel

Get powered up to conquer any workout or workday.

Adaptogenic herbs—**organic Rhodiola rosea** and **organic panax ginseng**—provide natural energy and promote endurance throughout the day.*

The Good Inside

- 90 capsules (30-day supply).
Take 3 capsules a day, before or with meals.
- **Proprietary Boost Focus Fuel Blend**
Organic Matcha Green Tea, Grains of Paradise Extract, Organic Green Coffee Bean Extract, Organic Panax Ginseng Root, Organic Cocoa, Organic *Rhodiola Rosea* Extract, Organic Ceylon Cinnamon Bark Powder, Organic Hibiscus Flower, Organic Opuntia, Organic Holy Basil, Organic Green Yerba Mate, Organic Cardamom, Organic Cloves, Organic Burdock Root, and Probiotic Blend (*Lactobacillus gasseri*, *Bifidobacterium bifidum*, *Bifidobacterium plantarum*)

- Other Ingredients: Cellulose Vegetarian Capsule



Doctor Recommended

“Through metabolism support, reduced cravings, and increased energy, Boost Focus Fuel provides effective weight management support, making it easier for people to make healthy lifestyle choices.”

—Stephen A. Aiello, M.D., Triple Board Certified—Internal Medicine; Geriatrics; Holistic & Integrative Medicine



touchstone essentials

TheGoodInside.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.